

Birth Control Drug Interaction with Sugammadex (Bridion®) and/or Aprepitant (Emend®): Information for Female Surgery Patients

During your procedure or surgery on _____

you received medications that lower the effectiveness of birth control medications. If you are on any type of a hormonal contraceptive (birth control medication), you need to be aware of this:

- Sugammadex (Bridion®) is a medicine that helps to speed up recovery from anesthesia (muscle relaxant) drugs patients receive during surgery. Sugammadex may decrease the effectiveness of your hormonal contraceptive (birth control) for up to 7 days.
 - **Use a backup birth control method for the next 7 days** after your procedure or surgery
 - Continue taking your hormonal contraceptive during this period

- Aprepitant (Emend®) is a medicine that prevents nausea. Aprepitant may decrease the effectiveness of your hormonal contraceptive (birth control) for up to 28 days.
 - **Use a backup birth control method for the next 28 days** after your procedure or surgery
 - Continue taking your hormonal contraceptive during this period.

What are some examples of hormonal contraceptives?

- Oral contraceptives (birth control pills)
- Injectable contraceptives (birth control shot)
- Implantable contraceptives (small plastic rod or device inserted under the skin or inside the uterus)
- Patches (small adhesive patch worn on the skin)
- Vaginal rings (flexible plastic ring inserted into the vagina)

What are some examples of backup birth control methods?

- Male condom
- Female condom
- Female diaphragm
- Female cervical cap and sponge
- Abstinence (not having sex)

Where can I learn more about backup birth control methods?

- If you have any questions or concerns, contact your doctor or pharmacist.
- Planned Parenthood birth control information:
<https://www.plannedparenthood.org/learn/birth-control>
- Access the FDA birth control guide at:
<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/FreePublications/ucm313215.htm>

References:

1. Bridion® Package Insert
https://www.merck.com/product/usa/pi_circulars/b/bridion/bridion_pi.pdf
2. Emend® Package Insert
https://www.merck.com/product/usa/pi_circulars/e/emend/emend_pi.pdf

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Last Revised 3/2019